

For every hour of TV viewed by a 1-to 4-year-old, the risk for being overweight increased by 6%. In Oklahoma, 2-year-olds watch an average of 1.75 hours of TV or videos per day. The Academy of Pediatrics (AAP) strongly discourages TV viewing for children ages 2 and younger. For older children, AAP advises no more than one to two hours per day of educational, nonviolent programs watched while supervised.

Do you currently screen children for too much TV viewing?

- 1) I do not currently screen for TV watching.
- 2) I'm not sure I screen, but I definitely counsel on time spent watching TV, playing video games, computers, etc. during the EPSDT exams.
- 3) I have never asked anyone about how much TV they watch. The other question to ask is how much are they playing video games. I think all of this is a contributing factor to kids with ADHD.
- 4) Yes.
- 5) Yes, at well child checks.
- 6) No.
- 7) I do not screen for TV watching.
- 8) I ask at WCCs, but more than asking how much, I give the parents the recommendation. Maybe I'll start adding this stat to the conversation.
- 9) Yes, I screen at 12mo, 15mo, 18mo, 2y, 3y, and 4y WCCs.