

What viral syndromes are you currently seeing in your practice (7-28-08)?

1. Recent unusual cases, high temp, myalgias, sore throat, erythematous rash on torso. Adults with no tick or travel exposure.
2. Possible Ramsay Hunt Syndrome yesterday. Possible thoracic shingles last week.
3. Sore throat, prolonged cough.
4. The usual culprits. Year round GI enteroviruses with exanthems. Coxsackie A and B with herpangina and some hand foot mouth. 5ths earlier in the summer. Roseola in kids 2-4 yo.
5. I would be able to tell what season it is even if I never left my office. We are having a run of summer illnesses. Viral wise, Hand Foot and Mouth seems to be making its way around. I am also seeing a viral exanthum that is not spreading to the palms and soles. There is associated low-grade fever. Also, upper respiratory infections keep popping up sporadically in the office. Some present with quite severe symptoms including high grade fever and bronchitis. I've even had a couple of mono cases this month. No roseola this summer, though.
6. Most of what I am seeing is non-viral: Sports Physicals, otitis externa, well child, well woman, summer injuries, sun burns, allergic rhinitis, etc...
7. I am seeing fever around 100, aching, sore throat with cobblestone on back of throat.
8. Upper respiratory.